

The Tollington Arms menu





SUNDAY ROAST

(Not available on Match days)

Traditional Sunday Lunch with all the trimmings.

Choose from:

Roast Beef / Roast Chicken / Roast Lamb.

(Sunday Roasts include Yorkshire Puddings which contains Wheat, egg, milk)

Vegetarian Option Available. **£10.00**

THAI CUISINE

Authentic Thai Cuisine served for both lunch and dinner.

Monday to Thursday 12 - 3pm, 6- 10pm

Friday 12 - 3pm, 5 - 10pm

Saturday 12 -9pm

Sunday 12 -8pm

Takeaway service available

Children are welcome until 7pm each evening apart from Matchdays

Note: Children must remain seated at all times

IMPORTANT NOTICE:

ALLERGENIC INGREDIENTS

To the best of our knowledge, we do not use any genetically modified or irradiated ingredients in any of our dishes.

PEANUTS

NUTS *including walnuts, cashews, pecan, brazils, almonds, pistachio, macadamia nuts.*

MILK

CEREALS *containing Gluten wheat (including spelt and Khorasan wheat) rye, barley, oats*

FISH

CRUSTACEANS *(such as prawns, shrimps, scampi, lobsters, crabs).*

MOLLUSCS *(such as mussels, oysters, squid,, whelks, crabs).*

EGGS

SOYBEANS

CELERY *(Including celeriac)*

MUSTARD

SESAME SEEDS

LUPIN

Sulphur dioxide and SULPHITES *(at concentrations more than 10mg/kg)*

PLEASE NOTE THAT EACH OF OUR DISHES WILL SHOW THE RELEVANT ALLERGENS HIGHLIGHTED IN RED

STARTERS

1. BASKET OF PRAWN CRACKERS £2.50

BASKET OF SPICY THAI PRAWN CRACKERS £3.50

Contains Shrimp

2. CHIPS £3.50 3. SALT & PEPPER CHIPS £4.50

Contains Five Spice

4. CHIPS WITH CURRY SAUCE £4.50

Contains Wheat

5. CHICKEN SATAY £6.50

Skewers of marinated chicken
served with peanut sauce

Contains Peanuts

6. SPRING ROLLS £4.50

Thai style vegetable spring rolls
served with a sweet chilli sauce

Contains Wheat, Sesame

7. SPARE RIBS £6.50

Marinated with five spices & served with a barbeque sauce.

Contains Five Spice

8. PEEK KAI £6.50

Marinated spicy chicken wings, lightly battered & deep-fried served with chilli sauce.

Contains Wheat

9. TOD MUNKKAOPOD £6.00

Sweetcorn cakes blended with flour & fragrant spices,
Served with sweet chilli

Contains Wheat

10. TEMPURA VEGETABLE £5.50

Selection of crispy vegetables in a light batter,
Served with sweet chilli

Contains Wheat, Sesame Seeds, Shredded Coconut

11. TEMPURA KING PRAWN £6.50

Deep-fried king prawn in a light batter,
Served with sweet chilli

Contains Wheat, Prawns

12. KANOM PANG NA MOO £6.50

Minced pork & prawn on a bread,
sealed with sesame seeds, deep fried
Served with sweet chilli

Contains Wheat, Sesame Seeds, Prawns

13. DIM SUM £6.50

Steamed dumplings, minced pork
& prawns wrapped with wonton skin
Served with soy sauce

Contains Wheat, Sesame Oil, Soy Sauce

14. MIXED STARTER (FOR TWO PEOPLE) £14.95

Vegetable spring rolls, king prawn spring rolls,
fried sweetcorn cakes, prawn pork toast,
Spicy vegetable samosa & spare ribs

Contains Wheat, Sesame Seeds, Prawns, Soy Sauce

SOUPS

15. TOM YUM

Thai hot & sour soup, flavoured with lemongrass, mushrooms, chilli & lemon juice

King prawn £6.50 Chicken £5.50

Contains soya bean oil, fish sauce, shrimp paste

16. CHICKEN NOODLE SOUP £8.50

MAIN MENU

RICE DISHES

17. THAI SPECIAL FRIED RICE £10.50

with king prawn, chicken & vegetables,
Egg, tomato, light & dark soy sauce

Contains prawns, soy, Oyster, soy sauce

18. DRUNKEN FRIED RICE (SPICEY) £12.50

Stirfried rice with chicken, barbecue pork & prawns,
onion, bell pepper, french bean, egg,
chilli & thai sweet basil

Contains prawns, soy, oyster, wheat, egg

NOODLES

Choose from:

Vegetables **£7.50** Tofu or chicken **£8.50** Beef **£9.00** Prawns **£9.50**

19. PAD THAI

Stir-fried rice noodles with egg, bean sprouts & spring onion topped with peanuts

Contains egg, peanuts fish sauce

20. PAD SIYEW

Stir-fried rice vermicelli with egg, bean sprouts spring onion, mix vegetables
in a dark soy sauce

Contains egg, oyster, soy sauce

21. SINGAPORE NOODLES (HOT)

Stir-fried rice vermicelli with onion, & flavoured with a hint of curry

Contains egg, soy sauce

22. CHOW MEIN

Stir-fried egg noodles with bean sprouts & spring onion

Contains egg, wheat, soy sauce

23. DRUNKEN NOODLES (HOT)

Stir-fried rice noodles with egg, bamboo shoots, bell peppers, french bean,
chilli & thai sweet basil

Contains egg, fish sauce, oyster sauce

CURRY DISHES

Served with Rice

Choose from:

Vegetables **£7.50** Tofu or chicken **£8.50** Beef **£9.00** Prawns **£9.50**

24. GREEN CURRY

Thai green curry cooked with bamboo shoots, french beans, bell pepper coconut milk
Contains shrimp paste, fish sauce

25. YELLOW CURRY

Thai yellow curry cooked with french beans, potatoes, & coconut milk
Contains shrimp paste, fish sauce

26. RED CURRY

Thai red curry cooked with french beans, green & red peppers & bamboo shoots
Contains shrimp paste, fish sauce

27. MASSAMUN CURRY

A thick curry with malaysian influence cooked with potatoes, onions, peanuts & coconut milk

Contains shrimp paste, peanuts

28. RED DUCK CURRY **£10.00**

Roasted duck slices cooked with red curry, tomatoes, pineapple, green & red peppers & coconut milk

Contains shrimp paste

STIR-FRIED ON WOK

Served with rice

Choose from:

Vegetables **£7.50** Tofu or chicken **£8.50** Beef **£9.00** Prawns **£9.50**

29. STIR-FRIED CASHEW NUT

Stir-fried with cashew nuts, bell pepper, onion, pineapple pieces
Contains cashew nuts, soy sauce, oyster sauce, wheat, dried chilli

30. BEEF IN BLACK BEAN SAUCE

Stir-fried onion with green peppers & chilli in a black bean sauce

Contains soy sauce, wheat

31. PAD GRAPROW (HOT)

Stir-fried with onion, french beans, bell peppers, thai sweet basil & chilli

Contains soy sauce, oyster sauce, wheat, fish sauce

32. GARLIC & GROUND PEPPER

Stir-fried with bell peppers, spring onion & garlic

Contains dark soy sauce, oyster sauce

33. PAD NAHM PRIG PAO (MIXED SEAFOOD) **£12.50**

Stir-fried mixed seafood with french beans, green pepper, basil & chilli, kaffir lime leaves

Contains oyster sauce, wheat, soy sauce, fish sauce, prawns, mussels, squid

34. PAD PRIEW WAN **£8.50**

Stir-fried with chicken & mixed vegetables, bell pepper, pineapple, tomato in a sweet & sour sauce

Contains wheat, soy sauce

CHEF'S SPECIALITIES

Served with rice.

35. PAD KI MAO (HOT)

£12.50

Stir-fry of chicken, beef, prawn & pork with onion, chilli & sweet basil

Contains Prawn, Oyster Sauce, Wheat.

36. PLA CHUCHEE

£12.50

Deep-fried salmon topped with Thai red curry sauce with chilli, basil & lime leaves.

Contains Salmon, Shrimp Paste.

37. PAD PED KIAMCHAI

£10.50

Roasted duck slices tossed with stir-fried mixed vegetables and fresh chilli in a sweet plum sauce.

Contains Soy Sauce, Oyster Sauce, Wheat, Mustard, Sulphites.

38. WEEPING TIGER

£18.50

Scotch sirloin steak chargrilled & served with chilli sauce & spring onion.

Contains Soy Sauce, Oyster Sauce, Wheat.

ALTERNATIVE DISHES

39. BANGERS & MASH £8.95

2 succulent jumbo sausages, served on a bed of mashed potatoes & complemented by spring onions & savoury gravy.

Contains Milk

40. PEPPERED STEAK £18.50

Chargrilled sirloin steak with chips, accompanied by fresh salad with a peppercorn sauce.

Contains Wheat, Soy Sauce, Barley, Milk.

41. CHIP SHOP CLASSIC £9.50

Fillet of cod cooked in a light batter, served with chips, salad & tartar sauce.

Contains Cod, Wheat, Milk.

42. GOURMET BURGER £9.50

Tollington's home ground steak burger served on a fresh open bun, accompanied by chips & salad.

Contains Egg, Wheat

43. CHIPS WITH SAUSAGES £7.50

44. CALAMARI £7.50

Calamari deep-fried in a light golden batter served on a bed of crisp salad leaves, accompanied with a sweet chilli dip

Contains Squid, Wheat

SALADS

45. DUCK SALAD £9.50

Wok-seared duck, served with crispy salad & a Thai styled dressing

Contains fish sauce, coriander

46. BEEF SALAD £8.50

Wok-seared beef served with crispy salad & a Thai style dressing

Contains fish sauce, coriander

DESSERTS

47. BANANA FRITTERS £4.50

Banana fritters in batter, glazed with honey & sesame seeds, served with vanilla ice cream.

Contains Wheat, Milk, Soy, Sesame Seeds.

48. APPLE PIE £4.95

Served with custard or ice cream.

Contains Wheat, Milk, Egg

TEA AND COFFEE

(Not available on Match Days)

TEA £1.50

COFFEE £2.00

CAPPUCCINO £3.00

HOT CHOCOLATE £3.00

MOCCA £3.00

LATTE £3.00

ESPRESSO £2.00

DOUBLE ESPRESSO £3.00



WHITE WINES

- | | | | |
|-------|---|--|---|
| 1 | 2 | PUNTO DE VISTA SAUVIGNON BLANC, CENTRAL VALLEY -12.5% ABV
CHILE
<i>A clean and refreshing Sauvignon 75cl bottle Blanc with ripe citrus fruit notes on 250ml the palate and a crisp finish. 175ml</i> | £18.50
£6.50
£5.50 |
| <hr/> | | | |
| 2 | 2 | McGUIGAN CELLAR SELECT CHARDONNAY -12.5% ABV
AUSTRALIA
<i>Exhibits tropical fruit flavours 75cl bottle complemented by a crisp, fresh 250ml citrus finish. 175ml</i> | £18.50
£6.50
£5.50 |
| <hr/> | | | |
| 3 | 2 | GIOTTO PINOT GRIGIO, TERRE SICILIANE -12% ABV
ITALY
<i>Pleasantly fruity and easy to 75cl bottle drink on its own, or with cheeses, 250ml pasta and chicken. 175ml</i> | £21.00
£7.50
£6.50 |
| <hr/> | | | |
| 4 | 2 | LAGAR DE INDRA WHITE RIOJA -13% ABV
SPAIN
<i>Intense wine with fruity aroma 75cl bottle and long-lasting taste 250ml 175ml</i> | £21.00
£7.50
£6.50 |
| <hr/> | | | |
| 5 | 2 | FRAMINGHAM SAUVIGNON BLANC, MARLBOROUGH -13% ABV
NEW ZEALAND
<i>Fragrant aromas and complex 75cl bottle flavours from herbal notes 250ml through to ripe tropical fruits 175ml and hint of tomato leaf. Lovely fresh acidity with a stony mineral finish.</i> | £23.00
£8.00
£6.50 |

ROSÉ WINE

- | | | | |
|---|---|---|---|
| 6 | 2 | PEBBLE BAY ZINFANDEL -10.5% ABV
CALIFORNIA
<i>Youthful wine with aromas of 75cl bottle of fresh cherries and watermelon. 250ml 175ml</i> | £21.00
£7.50
£6.50 |
|---|---|---|---|

All our wines sold by the glass are also available in 125ml measures

All our wines contain Sulphites



Taste Guide

Champagne, White and Rosé wines are designated numbers from 1 to 9, with 1 being the driest and 9 being the sweetest. Red wines are designated letters from A to E, with A being the lightest and softest and E being the deepest and fullest.



RED WINES

- 7 **C LA CROIX SAINT PIERRE MERLOT, VIN DE FRANCE** -12.5% ABV
FRANCE
Plump red and black fruits with a 75cl bottle touch of spice. **£18.50**
250ml **£6.50**
175ml **£5.50**
-
- 8 **E MCGUIGAN SIGNATURE SHIRAZ, SOUTH AUSTRALIA** -13% ABV
AUSTRALIA
This shiraz is a smooth and full-bodied 75cl bottle **£18.50**
red wine with intense berry fruits, 250ml **£6.50**
mellow tannins and subtle oak intergration. 175ml **£5.50**
-
- 9 **C PHEBUS MALBEC** -14% ABV
ARGENTINA
Full bodied and rich, bursting 75cl bottle with spicy red dark **£21.00**
fruits 250ml **£7.50**
and spice. 175ml **£6.50**
-
- 10 **C LAGUNILLA RIOJA CRIANZA DOC** -13.5% ABV
SPAIN
High class Rioja with flavours of 75cl bottle red fruits, spices **£21.00**
and vanilla. 250ml **£7.50**
175ml **£6.50**
-
- 11 **C AWATERE PASS PINOT NOIR** -14% ABV
NEW ZEALAND
Cherry fruits along with some 75cl bottle spice and mature **£23.00**
berry,
light tannins and a touch of oak.

SPARKLING WINES

- 12 **2 FOLLADOR PROSECCO DOC TREVISO** -11.5% ABV
ITALY
Rich and full bouquet with flowery 75cl bottle nuances of **£27.00**
almond and ripe fruits. 200ml **£8.00**
The flavour is supple and velvety,
harmonious and savoury.

CHAMPAGNE

- 13 **2 MUMM CORDON ROUGE BRUT NV** -12% ABV
FRANCE
Intense fruity taste with notes of peaches, pears, 75cl bottle **£62.00**
green apples complement its fresh after taste.
-
- 14 **2 BOLLINGER SPECIAL CUVÉE NV** -12% ABV
FRANCE
A bone-dry, full-bodied Champagne, 75cl bottle crisp and fresh **£62.00**
with a good mature
flavour and long-lasting mousse and after-taste
-
- 15 **2 G. H. MUMM ROSÉ CHAMPAGNE** -12% ABV
FRANCE
Lively and explosive bubbles with aromas 75cl bottle of fruits of **£62.00**
the forest and red fruits,
with an elegant freshness.



The place to meet your friends at lunchtime,
evening for a meal or just a coffee

THE PARTNERSHIP OF FOOD AND WINE

The following suggestions may be of help in the choice of wines. Much has been written about what should be served with what, but this is essentially a matter of personal taste, and these suggestions should only be used as a guide.



As an Apéritif

Dry or medium Sherry, Champagne/Sparkling Wine or a light, fruity, white wine.



Shell

Dry white wine.



Fish Fish

Again, dry, white wine such as a white Burgundy or a Loire wine. From the New World, a New Zealand Sauvignon or South African Chenin.



Chicken and Pork

Full flavoured white wine, New World Chardonnay or a light red such as Beaujolais, Valpolicella or Californian red. Red Burgundy, Claret, Rioja or New World Cabernet



Lamb

Sauvignon.



Game and Roasts

Full bodied red wine such as a Rhône or Claret. From the New World, a spicy Shiraz or possibly a Chilean or Argentinian Red.



Pasta Dishes

Lots of options depending on the sauce, some suggestions are:

Cream Sauce

Light Italian dry white wine such as Soave or Frascati.

Meat Sauce

Medium red perhaps a Merlot or Cabernet/Merlot blend. Chenin Blanc or Sauvignon Blanc.

Pesto (Basil)

Dry white wine.

Seafood Sauce

Italian or New World red such as a Shiraz/Cabernet

Tomato Sauce

Sweets and Desserts

Sweet whites like white Bordeaux, Australian pudding wine or 'sticky' alternatively a Champagne or Sparkling wine.



The Tollington Arms

115 Hornsey Road, Islington,

London N7 6DN

Tel 0207 700 6419

www.tollingtonarms-holloway.co.uk



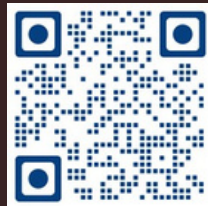
TheTollington



@TheTollington



thetollington



drinkaware.co.uk

For the facts

Prices are effective from August 2022 and subject to changes in duty and exceptional market conditions.