

# The Tollington Arms menu





## SUNDAY ROAST

*(Not available on Match days)*

Traditional Sunday Lunch with all the trimmings.

Choose from:

Roast Beef / Roast Chicken / Roast Lamb.

*(Sunday Roasts include Yorkshire Puddings which contains Wheat, egg, milk)*

Vegetarian Option Available. **£12.00**

## THAI CUISINE

Authentic Thai Cuisine served for both lunch and dinner.

**Monday to Thursday 12 - 3pm, 6– 10pm**

**Friday 12 - 3pm, 5 - 10pm**

**Saturday 12 –9pm**

**Sunday 12 –8pm**

Takeaway service available

Children are welcome until 7pm each evening apart from Matchdays

Note: Children must remain seated at all times

## IMPORTANT NOTICE:

### ALLERGENIC INGREDIENTS

To the best of our knowledge, we do not use any genetically modified or irradiated ingredients in any of our dishes.

**# PEANUTS**

**# NUTS** *including walnuts, cashews ,pecan, brazils, almonds, pistachio, macadamia nuts.*

**# MILK**

**# CEREALS** *containing Gluten wheat (including spelt and Khorasan wheat) rye, barley, oats*

**# FISH**

**# CRUSTACEANS** *(such as prawns, shrimps, scampi, lobsters, crabs).*

**# MOLLUSCS** *(such as mussels, oysters, squid,, whelks, crabs).*

**# EGGS**

**# SOYBEANS**

**# CELERY** *(Including celeriac)*

**# MUSTARD**

**# SESAME SEEDS**

**# LUPIN**

**# Sulphur dioxide and SULPHITES** *(at concentrations more than 10mg/kg)*

PLEASE NOTE THAT EACH OF OUR DISHES WILL SHOW THE  
RELEVANT ALLERGENS HIGHLIGHTED IN RED

## STARTERS

- 1. BASKET OF PRAWN CRACKERS** £2.50  
**BASKET OF SPICY THAI PRAWN CRACKERS** £3.50

*Contains Shrimp*

- 2. CHIPS** £4.00

- 3. SALT & PEPPER CHIPS** *Contains Five Spice* £5.50  
**or N7 CHIPS** *Contains Chilli Powder, Fish Sauce, Lime Flavouring* £5.50

- 4. CHIPS WITH CURRY SAUCE** £5.00

*Contains Wheat*

- 5. CHICKEN SATAY** £7.00

Skewers of marinated chicken  
 served with peanut sauce

*Contains Peanuts*

- 6. SPRING ROLLS** £4.95

Thai style vegetable spring rolls  
 served with a sweet chilli sauce

*Contains Wheat, Sesame*

- 7. SPARE RIBS** £7.00

Marinated with five spices & served with a barbeque sauce.

*Contains Five Spice*

- 8. PEEK KAI** £6.95

Marinated spicy chicken wings, lightly battered & deep-fried served with chilli sauce.

*Contains Wheat*

- 9. TOD MUNKKAPOD** £6.50

Sweetcorn cakes blended with flour & fragrant spices,  
 Served with sweet chilli

*Contains Wheat*

- 10. TEMPURA VEGETABLE** £6.00

Selection of crispy vegetables in a light batter,  
 Served with sweet chilli

*Contains Wheat, Sesame Seeds, Shredded Coconut*

- 11. TEMPURA KING PRAWN** £6.95

Deep-fried king prawn in a light batter,  
 Served with sweet chilli

*Contains Wheat, Prawns*

- 12. KANOM PANG NA MOO** £6.95

Minced pork & prawn on a bread,  
 sealed with sesame seeds, deep fried  
 Served with sweet chilli

*Contains Wheat, Sesame Seeds, Prawns*

- 13. DIM SUM** £6.95

Steamed dumplings, minced pork  
 & prawns wrapped with wonton skin  
 Served with soy sauce

*Contains Wheat, Sesame Oil, Soy Sauce*

- 14. MIXED STARTER (FOR TWO PEOPLE)** £16.95

Vegetable spring rolls, tempura prawns,  
 fried fish cakes, prawn & pork toast,  
 vegetable samosa, chicken wings

*Contains Wheat, Sesame Seeds, Prawns, Soy Sauce*

## SOUPS

### 15. TOM YUM

Thai hot & sour soup, flavoured with lemongrass, mushrooms, chilli & lemon juice

**King prawn**

**£6.95**

**Chicken**

**£6.50**

*Contains soya bean oil, fish sauce, shrimp paste*

### 16. CHICKEN NOODLE SOUP

**£9.00**

## MAIN MENU

### RICE DISHES

#### 17. THAI SPECIAL FRIED RICE

**£11.50**

with king prawn, chicken & vegetables,  
Egg, tomato, light & dark soy sauce

*Contains prawns, soy, Oyster, soy sauce*

#### 18. DRUNKEN FRIED RICE (SPICEY)

**£13.50**

Stirfried rice with chicken, barbecue pork & prawns,  
onion, bell pepper, french bean, egg,  
chilli & thai sweet basil

*Contains prawns, soy, oyster, wheat, egg*

### NOODLES

Choose from:

Vegetables **£8.50** Tofu or chicken **£9.50** Beef **£10.50** Prawns **£11.50**

#### 19. PAD THAI

Stir-fried rice noodles with egg, bean sprouts & spring onion topped with peanuts

*Contains egg, peanuts fish sauce*

#### 20. PAD SIYEW

Stir-fried rice vermicelli with egg, bean sprouts spring onion, mix vegetables  
in a dark soy sauce

*Contains egg, oyster, soy sauce*

#### 21. SINGAPORE NOODLES (HOT)

Stir-fried rice vermicelli with onion, & flavoured with a hint of curry

*Contains egg, soy sauce*

#### 22. CHOW MEIN

Stir-fried egg noodles with bean sprouts & spring onion

*Contains egg, wheat, soy sauce*

#### 23. DRUNKEN NOODLES (HOT)

Stir-fried rice noodles with egg, bamboo shoots, bell peppers, french bean,  
chilli & thai sweet basil

*Contains egg, fish sauce, oyster sauce*

CURRY DISHES

Served with Rice

Choose from:

Vegetables **£8.50** Tofu **£9.50** Chicken **£9.50** Beef **£10.50** Prawns **£11.50**

24. GREEN CURRY

Thai green curry cooked with bamboo shoots, french beans, bell pepper coconut milk  
*Contains shrimp paste, fish sauce*

25. YELLOW CURRY

Thai yellow curry cooked with french beans, potatoes, & coconut milk  
*Contains shrimp paste, fish sauce*

26. RED CURRY

Thai red curry cooked with french beans, green & red peppers & bamboo shoots  
*Contains shrimp paste, fish sauce*

27. MASSAMUN CURRY

A thick curry with malaysian influence cooked with potatoes, onions, peanuts & coconut milk  
*Contains shrimp paste, peanuts*

28. RED DUCK CURRY

**£12.50**

Roasted duck slices cooked with red curry, tomatoes, pineapple, green & red peppers & coconut milk  
*Contains shrimp paste*

STIR-FRIED ON WOK

Served with rice

Choose from:

Vegetables **£8.50** Tofu **£9.50** Chicken **£9.50** Beef **£10.50** Prawns **£11.50**

29. STIR-FRIED CASHEW NUT

Stir-fried with cashew nuts, bell pepper, onion, pineapple pieces  
*Contains cashew nuts, soy sauce, oyster sauce, wheat, dried chilli*

30. BEEF IN BLACK BEAN SAUCE

Stir-fried onion with green peppers & chilli in a black bean sauce  
*Contains soy sauce, wheat*

31. PAD GRAPROW (HOT)

Stir-fried with onion, french beans, bell peppers, thai sweet basil & chilli  
*Contains soy sauce, oyster sauce, wheat, fish sauce*

32. GARLIC & GROUND PEPPER

Stir-fried with bell peppers, spring onion & garlic  
*Contains dark soy sauce, oyster sauce*

33. PAD NAHM PRIG PAO (MIXED SEAFOOD)

**£13.50**

Stir-fried mixed seafood with french beans, green pepper, basil & chilli, kaffir lime leaves  
*Contains oyster sauce, wheat, soy sauce, fish sauce, prawns, mussels, squid*

34. PAD PRIEW WAN

Stir-fried vegetables, bell pepper, pineapple, tomato in a sweet & sour sauce  
*Contains wheat, soy sauce*

# CHEF'S SPECIALITIES

Served with rice.

**35. PAD KI MAO (HOT)**

£14.50

Stir-fry of chicken, beef, prawn & pork with onion, chilli & sweet basil

*Contains Prawn, Oyster Sauce ,Wheat.*

**36. PLA CHUCHEE**

£13.50

Deep-fried salmon topped with Thai red curry sauce with chilli, basil & lime leaves.

*Contains Salmon, Shrimp Paste.*

**37. PAD PED KIAMCHAI**

£12.50

Roasted duck slices tossed with stir-fried mixed vegetables and fresh chilli in a sweet plum sauce.

*Contains Soy Sauce, Oyster Sauce, Wheat, Mustard, Sulphites.*

**38. WEEPING TIGER**

£19.95

Scotch sirloin steak chargrilled & served with chilli sauce & spring onion.

*Contains Soy Sauce, Oyster Sauce, Wheat.*

# ALTERNATIVE DISHES

**39. BANGERS & MASH**

£10.50

2 succulent jumbo sausages, served on a bed of mashed potatoes & complemented by spring onions & savoury gravy.

*Contains Milk*

**40. PEPPERED STEAK**

£19.95

Chargrilled sirloin steak with chips, accompanied by fresh salad with a peppercorn sauce.

*Contains Wheat, Soy Sauce, Barley, Milk.*

**41. CHIP SHOP CLASSIC**

£10.50

Fillet of cod cooked in a light batter, served with chips, salad & tartar sauce.

*Contains Cod, Wheat, Milk.*

**42. GOURMET BURGER**

£10.95

Tollington's home ground steak burger served on a fresh open bun, accompanied by chips & salad.

*Contains Egg, Wheat*

**43. CHIPS WITH SAUSAGES**

£8.95

**44. CALAMARI**

£8.50

Calamari deep-fried in a light golden batter served on a bed of crisp salad leaves, accompanied with a sweet chilli dip

*Contains Squid, Wheat*

SALADS

45. DUCK SALAD £10.95

Wok-seared duck, served with crispy salad & a Thai styled dressing

*Contains fish sauce, coriander*

46. BEEF SALAD £10.50

Wok-seared beef served with crispy salad & a Thai style dressing

*Contains fish sauce, coriander*

DESSERTS

47. BANANA FRITTERS £6.95

Banana fritters in batter, glazed with honey & sesame seeds, served with vanilla ice cream.

*Contains Wheat, Milk, Soy, Sesame Seeds.*

48. APPLE PIE £6.95

Served with custard or ice cream.

*Contains Wheat, Milk, Egg*

TEA AND COFFEE

(Not available on Match Days)

TEA	£1.50
COFFEE	£2.00
CAPPUCCINO	£3.00
HOT CHOCOLATE	£3.00
MOCCA	£3.00
LATTE	£3.00
ESPRESSO	£2.00
DOUBLE ESPRESSO	£3.00





## WHITE WINES

1	2	<b>PUNTO DE VISTA SAUVIGNON BLANC, CENTRAL VALLEY</b> –12.5% ABV CHILE <i>Aroma of fresh grapefruit and lime followed by green gooseberry and melon on the palate</i>	75cl bottle 250ml 175ml	<b>£21.00</b> <b>£7.50</b> <b>£6.50</b>
2	2	<b>JACK RABBIT CHARDONNAY</b> –12.5% ABV SOUTH AFRICA <i>Subtle hints of vanilla oak with a refreshing green apple acidity lifts an explosion of melon and peaches</i>	75cl bottle 250ml 175ml	<b>£21.00</b> <b>£7.50</b> <b>£6.50</b>
3	2	<b>GIOTTO PINOT GRIGIO, TERRE SICILIANE</b> –12% ABV ITALY <i>Light and dry with fresh citrus fruit characters</i>	75cl bottle 250ml 175ml	<b>£24.00</b> <b>£8.50</b> <b>£7.50</b>
4	2	<b>MONTFORD ESTATE MARLBOROUGH SAUVIGNON BLANC</b> –13% ABV NEW ZEALAND <i>Stone fruit and tropical flavours are supported by underlying notes of citrus and blackcurrant</i>	75cl bottle 250ml 175ml	<b>£24.00</b> <b>£8.50</b> <b>£7.50</b>

## ROSÉ WINE

5	2	<b>PEBBLE BAY ZINFANDEL</b> –10.5% ABV CALIFORNIA <i>Juicy rose with sweet strawberry notes</i>	75cl bottle 250ml 175ml	<b>£24.00</b> <b>£8.50</b> <b>£7.50</b>
6	2	<b>HEART PINOT GRIGIO BLUSH</b> –10.5% ABV ITALY <i>Delicate blush pink colour crisp and refreshing with peach and strawberry flavours</i>	75cl bottle 250ml 175ml	<b>£24.00</b> <b>£8.50</b> <b>£7.50</b>

All our wines sold by the glass are also available in 125ml measures

All our wines contain Sulphites



### Taste Guide

Champagne, White and Rosé wines are designated numbers from 1 to 9, with 1 being the driest and 9 being the sweetest. Red wines are designated letters from A to E, with A being the lightest and softest and E being the deepest and fullest.



RED WINES

7	<b>C</b>	<b>PUNTO DE VISTA MERLOT</b> –12.5% ABV CHILE <i>Aroma of rich black cherry and plum. Displaying further complexity on the palate with hints of dark chocolate.</i>	75cl bottle 250ml 175ml	<b>£21.00</b> <b>£7.50</b> <b>£6.50</b>
8	<b>E</b>	<b>JACK RABBIT SHIRAZ</b> –13% ABV CHILE <i>Intense and bright red. Black cherry accompanied by delicate blueberry. Palate elegant and fresh.</i>	75cl bottle 250ml 175ml	<b>£21.00</b> <b>£7.50</b> <b>£6.50</b>
9	<b>C</b>	<b>PHEBUS MALBEC</b> –14% ABV ARGENTINA <i>Full bodied and rich, bursting with spicy red dark fruits and spice.</i>	75cl bottle 250ml 175ml	<b>£24.00</b> <b>£8.50</b> <b>£7.50</b>
10	<b>C</b>	<b>LAGUNILLA RIOJA CRIANZA DOC</b> –13.5% ABV SPAIN <i>High class Rioja with flavours of red fruits, spices and vanilla.</i>	75cl bottle 250ml 175ml	<b>£24.00</b> <b>£8.50</b> <b>£7.50</b>
11	<b>C</b>	<b>BOURGOGNE COTES CHALONNAISE PINOT NOIR</b> –14% ABV FRANCE <i>Rich and smooth with flavours of blackberry and cherry</i>	75cl bottle	<b>£27.00</b>

SPARKLING WINES

12	<b>2</b>	<b>FOLLADOR BRUT PROSECCO DOC</b> –11.5% ABV ITALY <i>Rich and full bouquet with flowery nuances of almond and ripe fruits. The flavour is supple and velvety, harmonious and savoury.</i>	75cl bottle 200ml	<b>£32.00</b> <b>£9.00</b>
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CHAMPAGNE

13	<b>2</b>	<b>LANSON LE BLACK CREATION BRUT</b> –12% ABV FRANCE <i>An elegant champagne with citrus fruit and hints of honey.</i>	75cl bottle	<b>£75.00</b>
14	<b>2</b>	<b>BOLLINGER SPECIAL CUVÉE NV</b> –12% ABV FRANCE <i>A bone-dry, full-bodied Champagne, crisp and fresh with a good mature flavour and long-lasting mousse and after-taste</i>	75cl bottle	<b>£75.00</b>
15	<b>2</b>	<b>LANSON LE ROSÉ</b> –12% ABV FRANCE <i>Delicate, fresh nose, salmon pink in colour with a palate of delicate red berry fruit.</i>	75cl bottle	<b>£75.00</b>



The place to meet your friends at lunchtime,  
evening for a meal or just a coffee

## THE PARTNERSHIP OF FOOD AND WINE

*The following suggestions may be of help in the choice of wines. Much has been written about what should be served with what, but this is essentially a matter of personal taste, and these suggestions should only be used as a guide.*



### *As an Apéritif*

Dry or medium Sherry, Champagne/Sparkling Wine or a light, fruity, white wine.



### *Shell Fish*

Dry white wine.



### *Fish*

Again, dry, white wine such as a white Burgundy or a Loire wine. From the New World, a New Zealand Sauvignon or South African Chenin.



### *Chicken and Pork*

Full flavoured white wine, New World Chardonnay or a light red such as Beaujolais, Valpolicella or Californian red. Red Burgundy, Claret, Rioja or New World Cabernet Sauvignon.



### *Lamb*

Full bodied red wine such as a Rhône or Claret. From the New World, a spicy Shiraz or possibly a Chilean or Argentinian Red.



### *Game and Roasts*

Lots of options depending on the sauce, some suggestions are:



### *Pasta Dishes*

*Cream Sauce*

Light Italian dry white wine such as Soave or Frascati.

*Meat Sauce*

Medium red perhaps a Merlot or Cabernet/Merlot blend. Chenin Blanc or Sauvignon Blanc.

*Pesto (Basil)*

Dry white wine.

*Seafood Sauce*

Italian or New World red such as a Shiraz/Cabernet

*Tomato Sauce*



### *Sweets and Desserts*

Sweet whites like white Bordeaux, Australian pudding wine or 'sticky' alternatively a Champagne or Sparkling wine.

## The Tollington Arms

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Tel 0207 700 6419

[www.tollingtonarms-holloway.co.uk](http://www.tollingtonarms-holloway.co.uk)



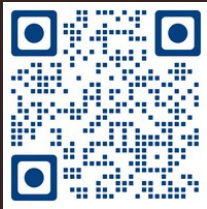
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Prices are effective from August 2022 and subject to changes in  
duty and exceptional market conditions.